



Rethink Mental Illness
GAMING
get together

6 November 2022

Are you a Twitch legend? A weekend-gamer? Can you even remember where you left your Game Boy in the '90s? Whatever you are, organising a Gaming Get Together will make a huge difference to the lives of people severely affected by mental illness.

Your next steps

- Set the time and place for your event
- Contact your squad of mates to join you
- Share your GivePenny page online
- Have fun raising crucial donations!

Our next steps

- Send you a free event t-shirt
- Ping you cool digital rewards
- Offer you fundraising tips and tricks
- Be on hand if you need anything

Unsure what your Gaming Get Together should look like?

It can be as simple as a:

Tournament



Invite your mates to your place and pay an entry fee to join an epic

World Cup on FIFA, battle it out in a WWE Royal Rumble, or kick off a Mario Kart tournament.

Squad



Get your squad together for Call of Duty, Fortnite, or Halo. How about: the worse you lose, the more you donate? Could be interesting...

Challenge



Is there a high score you've always to beat? Or a level you've never reached? How about a 24-hour gaming marathon? Assemble the ideal team and get it done.

However you do it, get together, connect, and raise vital funds for Rethink Mental Illness.



Why Rethink Mental Illness?

"The first time I ever heard about psychosis was when I was going through it. I've since learned that it's happening to many of us.

"I spent four months in hospital, where I was also diagnosed with bipolar disorder. It was a very scary time for me, but I was able to pull through thanks to my mother, family, friends, and the great staff on the ward." [Read Alika's story](#)

We're on a mission to create meaningful change for those of us severely affected by mental illness. Every penny you raise with your Gaming Get Together will help us campaign and support people like Alika.

We can't wait to see the awesome event you come up with.

Contact events@rethink.org if you want to bounce any ideas off us.