

A local and tailored online community supporting the mental health and wellbeing of Wiltshire residents

Clic

WILTSHIRE

To create your profile visit
wiltshireinclusion.service.clic-uk.org



Clic Chat

Whether you have a question about your mental health, want to share your own tips and advice, or just have a general chat about your day. Clic Chat allows online conversations between members.



Local Discussion Forums

Join a local chat group to find helpful information and discuss topics related to your interest, needs or what is happening in your area.



Information & Support

Access a host of mental health information, links, and resources to help yourself, as well as your carers, family and friends.



Mood Tracker

A handy mood tracker to monitor your moods over time, helping to understand how they change.



Safe, Secure & Supportive

Clic is a community and safe space for you to speak and connect with others. The site is moderated 24 hours a day, 7 days a week by trained staff and volunteers. The moderators follow clear guidelines on supporting users and monitoring inappropriate content.

Clic Wiltshire is a community within the national Clic UK platform. If you already have a Clic UK account, you can request to join Clic Wiltshire.

Part of the

Wiltshire
Mental Health
Inclusion
Service

under

Rethink
Mental
Illness.

in
partnership
with

Mental
Health
UK

Find us online:



rethink.org/wiltsmhis



[WiltshireMHIS](https://www.facebook.com/WiltshireMHIS)



[wiltshire_mhis](https://www.instagram.com/wiltshire_mhis)