

**Wiltshire Mental Health
Inclusion Service**
Supporting improved
mental health and
wellbeing

**Rethink
Mental
Illness.**



Community Mental Health Hubs

The Wiltshire Mental Health Inclusion Service offer a free drop-in hub for anyone needing support with their mental health and wellbeing. A chance to meet with one of our Inclusion Coaches and discuss what opportunities are available to you to help your wellbeing and find community support.

Where & When:

Chippenham:

Community Hub, SN15 3WL

Last Thursday of each month, 12-3pm

Salisbury:

Baptist Church, Brown St, SP1 2AS

1st Tuesday of each month, 10am-1230pm

Trowbridge:

Town Hall, Market St, BA14 8EQ

2nd Tuesday of each month, 1-4pm

For further information please contact the service via:

@ WiltsMHIS@rethink.org

☎ 07467 764171

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rethink.org/wiltsmhis



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