



Volunteer

interest form

Thank you for showing an interest in volunteering with Rethink Mental Illness. **If you require any support or guidance when completing your interest form, please contact the Recruitment Team on 0121 552 7000 or at recruitment@rethink.org**

To start your application, please tell us which volunteer role are you applying for?

Where did you see this role advertised?

Please provide the following personal details

Title:

First Name:

Surname:

Address:

Postcode:

Mobile phone:

Email:

Are you aged 18 or over?

Yes

No

We are keen to know about your relevant experience

Please tell us about your experience (paid, unpaid or lived experience). Think about your personal qualities, skills, knowledge, or qualifications that would be relevant to this role.

(Please note if we receive a high number of applications for a role, we will use this information to shortlist applications. Please refer to the volunteer role description, in particular the skills and experience required for the role which you will find in the 'Who am I?' section).

Please tell us why are you interested in this role?

Please tell us what you would like to learn or gain from volunteering?

Do you share our values?

We have seven key values which underpin everything we do at Rethink Mental Illness, they are:

Commitment - We work tirelessly to provide support for everyone severely affected by mental illness.

Equity - We believe that in a world where discrimination and disadvantage exist treating people with equity is critical to ensure justice and fairness for all.

Expertise - We constantly use our expertise to provide practical and personal support for people who are severely affected by mental illness.

Hope - We offer hope of a better quality of life for all those severely affected by mental illness.

Openness - We are open and transparent in all our work with beneficiaries, supporters, partners and the public to achieve change for people severely affected by mental illness.

Passion - We are passionate about leading the way to a better quality of life for everyone severely affected by mental illness.

Understanding - People who are severely affected by mental illness are at the heart of everything we do in our organisation – our membership, our governance and our workforce.

Please choose one or two of these values and describe, in a couple of short sentences, what they mean to you.

Your availability

When are you able to volunteer?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
am <input type="checkbox"/>	am <input type="checkbox"/>	am <input type="checkbox"/>	am <input type="checkbox"/>	am <input type="checkbox"/>	am <input type="checkbox"/>	am <input type="checkbox"/>
pm <input type="checkbox"/>	pm <input type="checkbox"/>	pm <input type="checkbox"/>	pm <input type="checkbox"/>	pm <input type="checkbox"/>	pm <input type="checkbox"/>	pm <input type="checkbox"/>

Alternatively, if there are specific days and times you are able volunteer, please specify here

Here is an idea of what you can expect once you have submitted your interest form

- 1 The Volunteer Manager will read through your Interest Form to learn a bit about you
- 2 If it seems your experience and interest could be a match for the volunteer role we have available, we'll contact you to arrange an informal discussion which may take place in person or online, and usually takes about 45 minutes
During an informal discussion, the Volunteer Manager will discuss your Interest Form with you and you'll have the opportunity to ask questions if you'd like to
- 3 If you are successfully offered the volunteer role, and you accept our offer, our Volunteer Recruitment Coordinator will be in touch with you to start the onboarding process which may include the completion of a DBS check.
- 4 Once your onboarding checks are complete, the Volunteer Manager will contact you to agree a start date and discuss your induction and training.

We'll keep you updated, and you'll have our support, every step of the way

Here are a few tips you may find helpful

Tips for completing your interest form

- Remember to complete all sections of the interest form so that we can learn about you and your reasons for applying
- Double check your interest form for any mistakes
- Refer to the relevant Volunteer Role Description as it will help you to complete your interest form
- Return your interest form at your earliest opportunity

Tips for preparing for your discussion with the Volunteer Manager

- Take note of our values listed above as you may be asked about these if you're invited to discuss your interest form
- Visit our website and social media pages to gain a better understanding of the work we do and the services we provide
- Make a note of any questions you'd like to ask during your discussion with the Volunteer Manager. It might help if you write them down
- Whether your discussion is taking place in person or online, if you're running a bit late for your discussion, please let us know

Our interest form and discussions are designed to support you through the process but don't just take our word for it, read what one of our volunteers had to say

"I was in need of a volunteering role specific to mental health after a long time of not working and found the application process for Rethink Mental Illness very accommodating. I was able to talk about my experience and passion for considering the role. I did not wait long until finding out I was short listed. The interview with the Befriending Service Manager and Befriending Coordinator was even more accommodating, my views felt appreciated and I felt listened to. I have enjoyed my experience thus far".

Zion – Rethink Volunteer.



Declaration

I confirm that the information given on this form is, to the best of my knowledge, accurate. I understand that an offer of appointment and subsequent volunteering could be subject to satisfactory disclosure from the Disclosure and Barring Service, at the appropriate level, where this is a requirement of the role.

Signature:

Date:

Rethink Mental Illness takes great care to preserve your privacy and safeguard any personal details you provide to us. Our Privacy Policy explains how we collect and use your information. You can read this Policy at rethink.org/privacy

**Thank you for completing this form
and best of luck with your application!**

Please return your completed form by emailing it to recruitment@rethink.org.uk