WILD WALKS FOR WELLBEING



February 2024 – March 2024

Date	Walk Route	Meet/Departure Time NB: please note these vary	Transport
1 st February	Redcatch Park and Perretts Park	John Wesley's New Room/Gardens 1.15pm for 1.30pm departure	Bus No. 2
8 th February	Easter Gardens to Westbury-on-Trym Led by Andrew	John Wesley's New Room/Gardens (Time TBC)	Bus No. 3 or 4
15 th February	Hebron Chapel, Bedminster	John Wesley's New Room/Gardens 1.15pm for 1.30pm departure	Bus (TBC)
22nd February	Netham Park	John Wesley's New Room/Gardens 12.45pm for 1pm departure	Walk only
29 th February	Keynsham	John Wesley's New Room/Gardens 12.45pm for 1pm departure	Bus (TBC)
7 th March	Badock's Wood	John Wesley's New Room/Gardens Meet at 12:45pm for 1pm departure.	Bus No. 4
14 th March	Page Park	John Wesley's New Room/Gardens Meet at 12:45pm for 1pm departure.	Bus No. 48/49
21 st March	Narroways/St. Werburgh's Farm	John Wesley's New Room/Gardens Meet at 12:30pm for 12:45pm departure.	Bus (TBC)
28 th March	Underfall Yard	John Wesley's New Room/Gardens Meet at 12:45pm for 1pm departure.	Walk only

For further information please contact the group mobile on 07548 320164 and leave a message with your name and number or by email on wildwalksgroup@rethink.org