



# Canterbury and Coastal

## Carers Support Group

### Family and Friends Welcome

For carers and their partners, relatives and friends of people affected by a wide range of mental health challenges.



## St Stephens Community Centre

Third Tuesday of every month from 7.30pm - 9.30pm

How to find us;  
St Stephens Community Centre  
Tenterden Drive, Hales Place  
Canterbury, Kent  
CT2 7BN

For further information;  
Email [ccgroup@rethink.org](mailto:ccgroup@rethink.org)  
Call 07498 930 475

[rethink.org](https://rethink.org)

