

2024 Janey Antoniou award for campaigning

Nomination form

# Please complete each section of this form when making your nomination.

The Janey Antoniou award for campaigning recognises campaigners with lived experience of mental illness who have made an exceptional difference. **Anyone can submit a nomination and you can nominate yourself or another person.**

**Only one nomination per form.** If you want to make more than one nomination, please download another form from [www.rethink.org/janey](http://www.rethink.org/janey) or request them by emailing campaigns@rethink.org

If possible, please fill this form digitally and send it to us as an email attachment. Forms filled in by hand will be considered but take additional time to process so are discouraged. **If you would like a physical form sent to you, then please email** **campaigns@rethink.org****.**

**Please email your completed form to** **campaigns@rethink.org** **or post to: FAO Davinder Kaur, FREEPOST Rethink London**

# The closing date for nominations is 11:59pm on Sunday 29 September 2024.

# Criteria for nominations

Campaigning can mean different things to different people, so we are eager to hear about the ways in which you or someone you know has made a difference. The nominee doesn’t have to be a Rethink Mental Illness campaigner, so long as they are **someone living with mental illness** who has **campaigned in a voluntary capacity** (i.e. not as part of their job).

People working professionally in mental health (as a peer support worker, social worker, psychiatrist, psychologist etc) will only be considered if they have made an exceptional contribution **in addition** to their professional role.

Their campaigning could be:

* Raising awareness of the realities of living with mental illness
* Combating stigma associated with mental illnesses
* Campaigning to improve the lives of people affected by mental illness by calling for better policies, practices or funding

Maybe they've been campaigning to raise awareness of mental illness in ethnic minority communities, challenging the myths and stigma about their condition or campaigning to improve services locally or nationally.

# Section 1: Your information

# 1A. Your details

|  |  |
| --- | --- |
| Your name: |  |
| Your contact details [telephone number; address; email address]: |  |

**1B. Who are you nominating?**

**□ Someone else – go to 2A**

**□ Myself – go to 2B**

**Section 2A: Nominating another person**

**About your nominee. If you are nominating yourself, please leave the box below BLANK and move on to Section 2B**

|  |  |
| --- | --- |
| Their name: |  |
| Their contact details [telephone number; address; email address]: |  |

These contact details will be stored securely. We will use them to contact you and your nominee for updates about your nomination. They will not be used for any other purpose

**Section 2B: Nominating yourself**

**About the person supporting your self-nomination**

**If you are nominating yourself, please fill in this section with** **the details of someone who has seen your campaigning first-hand and supports your application.** This may be someone you campaigned alongside, who benefited from your campaigning or someone who your campaigning influenced. It must not be a family member.

**If your nomination is shortlisted, we will contact this person to discuss your campaigning**. Please make sure that you have permission to share their details and that they know we may contact them.

|  |  |
| --- | --- |
| Their name: |  |
| Their contact details [telephone number; address; email address]: |  |
| Your relationship to them and how they are aware of your campaigning |  |

# Section 3: Your campaigner nomination

# Use this section to tell us about the reasons for your nomination. It has been broken into sections to make it easier to complete. You can attach extra pages if needed.

# Please tell us how your nominee has dedicated their time (i.e. voluntary work without payment) to:

* **Raising awareness** of the realities of living with mental illness
* **Combating stigma** associated with mental illnesses
* **Campaigning** to improve the lives of people affected by mental illness by calling for better policies, practices or funding

What did they/you do? [200 word limit]

|  |
| --- |
|  |

Who did it benefit? [200 word limit]

|  |
| --- |
|  |

What differences have their/your activities made? [200 word limit]

|  |
| --- |
|  |

1. Please tell us about your nominee – how did they/you start campaigning on mental illness? Please include their/your personal experience of mental illness [200 word limit]

|  |
| --- |
|  |

1. Is there anything else you would like to tell us? [200 word limit]

|  |
| --- |
|  |

**Thank you very much for taking the time to nominate.**

**The closing date for nominations is 11:59pm on Sunday 29 September 2024.** You will receive confirmation that we have received your entry within five working days.

**Please email your completed form to** **campaigns@rethink.org** **or post to: FAO Davinder Kaur, FREEPOST Rethink London.**