



What is the Living Well Derbyshire service?

Living Well Derbyshire offers short term care packages (up to 12 weeks) for people who need support with their mental health and wellbeing. The Living Well teams include people from health, social care and voluntary sector organisations to ensure those using the service can use a wide range of support which will help people to keep well within communities.

What to expect once you have been referred

- A member of the team, which may be a community psychiatric nurse, occupational therapist, social worker, peer support worker or wellbeing coach, will make contact with you soon (this is usually a phone call from a private number), to discuss Living Well and whether the service will meet your needs, or they can help you access somewhere which can
- If you do need Living Well, you will have an initial conversation arranged with you to plan the level of care and support needed
- An assigned keyworker
- Up to 12 weeks of support.

Further information

More information on the service can be found on www.livingwellderbyshire.org.uk