

Synergy Sheffield Mental Health Alliance

Values

Compassion

Sensitively seeking to understand how each individual would like to be treated

Inclusivity

Being mindful of everyone's individual qualities and making sure no-one is excluded

Collaboration

Proactively working together to achieve so much more than we could apart

Innovation

Ambitiously exploring all possibilities and willing to "think outside the box"

Accountability

Committed to being open, transparent, truthful and trustworthy

Vision

Right Support. Right Place. Right Time.

Our vision is for a truly **collaborative**, **innovative** and, above all, **inclusive** network of **VCSEs** (Voluntary, Community and Social Enterprises) for mental health and wellbeing in Sheffield.

We will strive to be **accountable** and transparent. Our **compassion** for others will unite us behind our common goal, to meet the holistic needs of **people**, and those who support them.

Put simply, Synergy will put **people and their mental wellbeing at the heart** of everything we do.

Mission statement

- Synergy will put people with mental health needs and the needs of the people who support them, including carers, at the heart of everything we do. Our ambition is to improve lives, so people do not just survive, but thrive.
- We believe that an alliance of the Voluntary, Community and Social Enterprises for mental health in Sheffield will deliver support that can dynamically respond to the needs of the community.
- Offering **genuine choice**, Synergy will always aim to make sure that the people of Sheffield do not have to make do with a one-size-fits-all service.
- There will be **no 'wrong door'** for those seeking support, regardless of socioeconomic background, race, sexuality, age, religion, and gender identity.
- Synergy will seek to **enable people with mental health needs** to **have a say** over which services are best suited to their medical, cultural, spiritual, and social care needs.
- It will break down barriers to support, and promote a greater awareness of, the resources, opportunities and services that are available to Sheffield people wanting to improve their mental health and wellbeing.
- The **healthy networks and partnerships** that already exist will be built upon to have greater reach and new ones will be formed.
- Synergy, through **sustainable**, **collaborative partnerships**, will **evolve and adapt** to emergent needs.
- Synergy will support its participants to create strategies and innovative solutions to gaps or challenges in the mental health and wellbeing sector. By recognising the uniqueness of every individual, we will enable people including those once excluded to fulfil their potential in ways that benefit them and their community.
- Synergy recognises and invites the views of everyone involved in supporting a person with mental health needs. Being uniquely placed to make practical use of this information, Synergy will support individuals and communities to fulfil their potential and ambitions in a way that works for all.

• Synergy will be held accountable for its actions to the people of Sheffield through the governance structure of its partnership board, independent chair and lead accountable body.