

WILD WALKS FOR WELLBEING



Aug 2024 – Sept 2024

Date	Walk Route	Meeting location and departure time	Transport
1 st August	Thornbury	John Wesley's New Room/Gardens 12.45pm for 1pm departure	Bus
8 th August	Taster Walk Harbourside	Trinity Centre/Gardens at 12.45 pm for 1pm departure	Walk only
15 th August	Midsummer Norton via Radstock	Meet at John Wesley's New Room/Gardens for the bus to Radstock. 11am for 11.15am for departure	Bus
22 nd August	St Anne's Park	John Wesley's New Room/Gardens 12.15pm for 12.30pm departure	Bus No. 5
29 th August	Bridgewater Walk led by Andrew	Bristol Temple Meads Station Time To Be Confirmed	Train
5 th Sept	Keynsham	John Wesley's New Room/Gardens at 12.30pm for 12.45 departure.	Bus to Keynsham

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12th Sept	Cardiff	Bristol Temple Meads Station Time To Be Confirmed	Train
19th Sept	Netham Park Taster Walk	Trinity Centre/Gardens at 12.45 pm for 1 pm departure	Walk only
26th Sept	Sea Mills	Meet at John Wesley's New Room/Gardens 12.15pm for 12.30pm departure.	Bus No. 4

For further information please contact the group mobile on 07548 320164 and leave a message with your name and number or by email on wildwalksgroup@rethink.org