

Rethink  
Mental  
Illness.

# Clic Wiltshire

An online network supporting the mental wellbeing of Wiltshire residents, providing peer-support and a guide to community activities, services and volunteering opportunities.

Register online at: [wiltshire.clic-uk.org](http://wiltshire.clic-uk.org)

- **Clic Chat** for a quick chat or any questions you may have about your mental health
- **Forums** for group style chat on particular topics or shared interests
- **Information and Support** with details for local activities, support services and organisations
- **Mood Tracker** to monitor your moods, helping to understand them.
- **Safe, Secure and Supportive** with the site moderated every day, between 8am and 10pm, and a flag button if you see any concerning content.

Clic Wiltshire is brought to you jointly by the **Wiltshire Mental Health Inclusion Service** and the **Access Community Mental Health Service**. Also in partnership with **Mental Health UK** within Clic UK.

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Access: [rethink.org/wiltaccessmh](http://rethink.org/wiltaccessmh)